



LUNCH



SANDWICHES - BURGERS - WRAPS

Sandwiches & Wraps served with chips & a pickle. Substitute a side salad for \$2

REUBEN SANDWICH

Corned Beef, Swiss, Thousand Island, Saurkraut, on grilled Rye bread 12⁹⁵
Substitute Turkey and make it a "Rachel"

"CUBAN"

Grilled black forest ham, turkey and Swiss, organic spring mix, pickle & mustard aioli, on toasted Labaccia 11⁹⁵

SW TUNA SALAD SANDWICH

Albacore Tuna, red onion, & cilantro mayo, lettuce and tomatoe, on toasted Labaccia 10⁵⁰

CHICKEN & GOAT CHEESE

Grilled chicken, tomato confit, mustard aioli, goat cheese, spring mix on toasted Labaccia 10.⁹⁵

SOUTHWEST QUESADILLA*

choice of Steak, grilled chicken or avocado w/ grilled onions, green chilies, cheddar, & Sriracha sauce on a grilled flour tortilla. Salsa on the side 11⁹⁵

HOT HAM & CHEESE

Ham, Swiss, Tomato, Lettuce and house-made Mustard Aioli on a croissant 10⁵⁰

TURKEY BACON AVOCADO WRAP

Grilled turkey, melted cheddar, bacon, lettuce, tomato, avocado, & Sriracha sauce in a tomato basil tortilla 12.⁹⁵

BURGERS*

1/3 Ground Brisket, cooked to order, served with kettle chips and a pickle spear

1/3 POUND BURGER

on a brioche bun, served w/ lettuce, tomato & onion. 9.⁸⁹
add Bacon for \$2
add cheese for \$1⁵⁰

Sweet Pepper Burger*

roasted red peppers, goat cheese 12²⁹

AVO SWISS BURGER

Avocado, melted Swiss & 1000 Island dressing. 11⁸⁹

REUBEN BURGER

Melted Swiss, Saurkraut, & 1000 Island dressing. 11⁸⁹

PATTY MELT*

Melted Swiss, caramelized onions, and 1000 island dressing, on grilled marble rye bread 10⁹⁵

BLACK BEAN BURGER

Chipotle black bean burger with lettuce, tomato, avocado & Sriracha sauce served on a Brioche bun 10⁹⁵

HUMMUS WRAP

Hummus, spring mix, olives, tomatoes, artichokes, goat cheese dressing in a tomato basil tortilla 10.⁵⁰

SOUTHWEST STEAK WRAP*

Thin-sliced Grilled NY Strip, caramelized onion, roasted red peppers, avocado, green chilies, cheddar, lettuce tomato and Sriracha sauce. 13⁵⁰

BLTA

Thick-sliced cherry smoked bacon, avocado, tomato, lettuce basil mayo on toasted wheat bread 10⁹⁵

TURKEY CRAN WRAP

Sliced turkey, Swiss cheese, tomato, lettuce, cream cheese & cranberries. Served in a tomato basil tortilla 10.⁹⁵

CHICKEN BACON RANCH WRAP

Grilled chicken, Cherrywood smoked bacon, house-made ranch dressing, avocado, lettuce and tomato, wrapped on a flour tortilla 10⁹⁵

CHICKEN SALAD WRAP

Grilled chicken blended w/ walnuts & cranberries served w/ lettuce & tomato in a tomato basil tortilla 10⁹⁵

CHICKEN GYRO

Two grilled chicken gyros with onions, tomatoes, spring mix and homemade tzatziki sauce on grilled pita bread. 13⁷⁵

Sub thin-sliced NY Strip Steak 2.⁵⁰

Veggie Wrap

Tomato, avocado, roasted pumpkin seeds, cucumber, carrots, spring mix and a honey goat cheese spread. 9⁹⁵

*Warning: Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness.

KIDS

GRILLED CHEESE • TURKEY SANDWICH • CHEESE QUESADILLA for ages 10 & under 5⁷⁵

Includes fountain soda or milk



SALADS



SW VEGGIE SALAD

Organic greens, roasted sweet potato, tomatoes, cucumbers, red onion, marinated artichokes, avocado, shredded carrots, reduced balsamic & garlic infused olive oil.

Served w/ warm bread 11⁵⁰

Add Hummus for 2⁰⁰

BLTA SALAD

Thick cut Cherrywood smoked bacon, fresh tomato, avocado & carrots served on organic greens with 1000-island dressing. Served w warm bread 12⁹⁵

SW TUNA SALAD

Albacore tuna blended in red onion cilantro mayo. Organic mixed greens, tomatoes & pickled red onions. Balsamic reduction on the side. Served with warm bread 11⁷⁵

MIXED GREEN SALAD

Organic greens topped w/ tomato, cucumbers, red onion, carrots & your choice of dressing. Served w/ warm bread.

Small 4⁹⁵ Large 8⁵⁰

SOUP OF THE DAY

Made from scratch
Served with warm bread

5⁹⁵

(no soup on Sunday)

DRESSINGS:

Thousand Island

Creamy Goat Cheese

Raspberry Vinaigrette

Ranch

Reduced Balsamic & Garlic infused olive oil
Oil & Vinegar

Add grilled chicken, tuna salad, or chicken salad for 3⁵⁰

BEVERAGES

COFFEE (FREE REFILLS)

Ren Tao Roasters, medium roast

Drip Coffee 2.⁷⁵

Regular or Decaf

Cold Brew Iced Coffee 2.⁹⁵

ESPRESSO BAR

decaf available

Latte 4.⁵⁵

Cappuccino 4.⁵⁵

Americano 3-

Traditional Macchiato

Espresso 1.⁵⁰/double shot

Red Eye

Black Eye

Add Baileys or Jameson 4--

HOT CHOCOLATE

White or Dark 4.⁵⁵

TEA – 2.⁹⁵

Iced Tea

Black or Green

FREE REFILLS

Hot Tea

Earl Grey

English Breakfast

Black Currant

Madagascar Coconut Black

Spicy Pear Black

Crème Brulee Black

Decaf Strawberry

Peach Black

Green (Young Hyson)

Ginger Peach Green

Herbal

Chamomile

Hibiscus

Sweet Orange

Berry Patch

Vanilla Spice

Relaxing Mint

Lemongrass

Herbal Chai

Chai 4.⁵⁵

Chai Latte

Iced Blueberry Chai

BAR

COCKTAILS 7⁵⁰

Bloody Mary, Mimosa,

Strawberry Bellini,

Moscow Mule, Irish

Coffee, and more...

See our Cocktail
Menu

Wild Tonic

Kombucha 5.6% 8-

WINE

Arizona Stronghold

Wines

Glass 7- Bottle 22-

Red - 2014 Mangus

White - 2015 Tazi

BEER

Cheap Beer 4-

Expensive Beer 5-

Ask about our Local
Brews

SODA 2.³⁵

Coke, Diet Coke, Sprite,

Root Beer, Ginger Ale,

Dr. Pepper, Seltzer

JUICE 4-

Orange Juice

Lemonade

Tomato Juice

Apple Juice

Cranberry Juice

Arnold Palmer

FRUIT SMOOTHIES 4.⁵⁵

Strawberry

Mango

Pineapple

Peach Pear Apricot

ITALIAN SODAS 4.⁵⁵

Chocolate, Vanilla,

Hazelnut, Blackberry,

Blueberry, Cherry,

Amaretto, Raspberry,

Strawberry

WILD TONIC KOMBUCHA

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